



# NEUROFOCUS



## OVERVIEW

Neurotransmitter testing plays a crucial role in understanding the intricate communication system within our nervous system. These chemical messengers, known as neurotransmitters, facilitate communication between cells and impact various aspects of our health and well-being.

## RELATED SYMPTOMS

Imbalances can lead to various neurological or psychological symptoms, such as:

- Addictive behavior
- Aggression
- Anxiety or panic attacks
- Apathy or indifference
- Constipation, persistent
- Fatigue, chronic
- Depression
- Difficulty focusing
- Difficulty swallowing
- Headaches
- Hot flashes
- Insomnia
- Irritability
- Low appetite
- Memory problems
- OCD behavior
- Parkinson's
- Restlessness
- Schizophrenia
- Seizures, epilepsy
- Tremors, shakiness
- Unmotivated

## MARKERS TESTED

- Serotonin
- Dopamine
- Norepinephrine
- Epinephrine
- Nori/Epi Ratio
- GABA
- Glutamate
- Histamine
- Glycine

## WHO BENEFITS MOST?

This test is especially helpful for those that are so overwhelmed and stressed that trying to make healthy lifestyle changes and completing gut health protocols is too much for your mental load at this time. In that case, simply supporting your mental wellness and sleep quality may be the best first step in moving forward with your overall health.

## TEST DETAILS

### TEST TYPE

- Kit mailed to your house
- **Easy, at-home urine sample**, sent to the lab for evaluation

### LAB FEE

- **\$315 NeuroFocus + Glycine**

### CONSULT FEE

- **\$175 for Lab Review Consult**
- Includes a detailed review, up to 1 hour consult and recommendations

## EXPERT REVIEW

Rebekah has extensive training and experience in considering multiple factors involved in mental and cognitive health. Instead of reading the lab at face value, she will share additional insights into how your diet, lifestyle, gut health and other factors can be supported for optimal outcomes.

*Rebekah Stump, Owner, Functional Practitioner, Certified Thermographer*

