



## PATIENT PREP

**PLEASE NOTE: Patient preparations are designed to facilitate the capture of the best images possible for the physician interpreting the images. The exams below require a prep. If patients are not prepped, exams may need to be rescheduled.**

Type of Exam	Prep Needed
Abdomen Complete/Limited	No eating, drinking, chewing, or smoking after midnight the night before the exam OR a minimum of <b>8 HOURS</b> prior to exam. If medically necessary, medications may be taken with a small sip of water.
Aorta, Gallbladder, Liver, Spleen	No eating, drinking, chewing, or smoking after midnight the night before the exam OR a minimum of <b>6 HOURS</b> prior to exam. If medically necessary, medications may be taken with a small sip of water.
Renal (kidneys)	Hydration is recommended (no need for a full bladder).
Breast	Bring last mammogram or ultrasound report (if available). No other prep needed
Pelvic/GYN	<p><b>32 oz of water:</b> Beginning <b>2 hours</b> prior to scheduled exam time the patient should start drinking <b>32 ounces of water (ONLY water)</b> and they should finish drinking 1 hour prior to exam time. <b>DO NOT VOID</b> from the time they begin drinking.</p> <p><b>Example:</b> If appointment time is 11am, patient should do the following:</p> <ul style="list-style-type: none"> <li>9am – Start drinking water</li> <li>10am – Finish drinking water</li> <li>9am-11am – Hold bladder until Technologist lets you empty</li> </ul>