



GI MAP TEST



OVERVIEW

The GI-MAP (Gastrointestinal Microbial Assay Plus) is a cutting-edge DNA-based stool test that analyzes over 40 different beneficial and pathogenic microorganisms, including bacteria, viruses, parasites, and fungi, along with markers of inflammation, digestive function and gut-related immune function.

By identifying specific imbalances in the gut, we can develop personalized plans tailored to your unique needs.

WHO IT HELPS

While gut health is the foundation for overall health and would benefit everyone, there are symptoms and conditions that would especially benefit from doing a GI MAP:

- Bloating, gas
- Diarrhea
- Constipation
- Stomach pain
- Acid reflux/heartburn
- Burping/belching
- Autoimmune issues
- Gut inflammation
- Joint pain/arthritis
- Migraines or headaches
- Chronic allergies
- Anemia, low nutrient levels
- Food sensitivities or intolerances
- Chronic fatigue
- History of several antibiotics
- Candida overgrowth or yeast infections
- IBS, SIBO, and other gut conditions
- Anxiety or depression
- Insomnia
- Frequent colds/flu

WHY IT'S IMPORTANT

A healthy diet and lifestyle is the first step to vitality, however, your digestion determines how much you absorb from your foods and supplements. Gut imbalances and pathogens can cause chronic stress and inflammation in the body, regardless of how perfectly you eat and exercise.

Using this test has significantly helped clients with a wide range of health challenges and we would love for you to benefit from it for yourself!

TEST DETAILS

TEST TYPE

- Kit mailed to your house
- **Easy at-home stool sample**; sent to the lab for evaluation

LAB FEE

- \$369 GI Map
- **\$405 GI Map + Zonulin**

CONSULT FEE

- **\$175 per lab test reviewed**
- Includes a detailed plan, up to 1 hour consult and \$30 per extra 10 minutes

EXPERT REVIEW

Rebekah has extensive training and experience in evaluating overall gut health and will be thorough in looking for any opportunities to improve your gut health. She will review your dietary intake, lifestyle factors, supplements and medications when creating your custom plan.

Rebekah Stump, Owner, Functional Practitioner, Certified Thermographer

